

# **EXHIBIT 1**

**ORTHOPAEDIC SURGEONS**

James R. Andrews, M.D.  
 E. Lyle Cain, Jr., M.D.  
 Andrew M. Cordover, M.D.  
 Jeffrey C. Davis, M.D.  
 Jeffrey R. Dugas, M.D.  
 Benton A. Embлом, M.D.  
 James A. Flanagan, Jr., M.D.  
 Samuel R. Goldstein, M.D.  
 B. Wayne McGough, Jr., M.D.  
 Kathleen E. McKeon, M.D.  
 K. David Moore, M.D.  
 Steven R. Nichols, M.D.  
 Marcus A. Rothermich, MD  
 Michael K. Ryan, M.D.  
 Norman E. Waldrop, III, M.D.



# ANDREWS

Sports Medicine & Orthopaedic Center

**NON-SURGICAL / SPORTS MEDICINE**

Charles T. Carnel, M.D.  
 Christopher S. Carter, M.D.  
 Emily B. Casey, M.D.  
 Ricardo E. Colberg, M.D.  
 Rachel G. Henderson, M.D.  
 Monte M. Ketchum, D.O.  
 Cherie B. Miner, M.D.  
 José O. Ortega, M.D.  
 Jay S. Umarvadia, M.D.

**AUBURN SPORTS MEDICINE**

Michael D. Goodlett, M.D.

**CHIEF EXECUTIVE OFFICER**

Lisa G. Warren

**Dr. Jeffrey Dugas**  
 7500 Kings Mountain Ridge Way  
 Birmingham, AL 35242

March 22, 2021

Honorable Karon O. Bowdre  
 Senior United States District Judge  
 Northern District of Alabama  
 Hugo L. Black United States Courthouse  
 1729 5<sup>th</sup> Avenue North  
 Birmingham, AL 35203

Dear Judge Bowdre,

Thank you for considering this character reference letter in support of Patrick Bishop.

I first met Pat Bishop five years ago when our two teenagers started dating. Over time, Pat and I developed a strong friendship and business/scientific collaboration. Following the raid on Pat's home, his son came to my house to tell me about what happened. I was very surprised to learn that Pat was in such serious legal trouble. Pat is a man of sterling character whose primary drive in life is to use his intellectual gifts to serve humankind. Your Honor, I am glad to provide my observations as you decide the just sentence for Patrick Bishop.

I am an Orthopedic Surgeon, Sports Medicine Specialist, and Managing Partner at the world-renowned Andrews Sports Medicine and Orthopedic Center in Birmingham. When Pat introduced me to his patented hydration technology, I was extremely impressed. He spoke with great passion for how Hydrosome could increase nutrient absorption in the human body. Pat showed me extensive data and studies to demonstrate the precise biological mechanisms that create the result. As a sports medicine specialist, I have conducted studies with Pat that show incredible promise.

**ST. VINCENT'S BIRMINGHAM OFFICE:** 805 St. Vincent's Drive • Suite 100 • Birmingham, Alabama 35205 • 205-939-3699 • FAX 205-581-7155

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Pat is diligent, intelligent, and driven to solve problems. I have personally experienced his inexhaustible energy and determination. In our water project, Pat brought on an associate with considerable compliance experience and expertise. Compliance is a primary guiding principle for the entire Hydrosome team. Looking back, I know that Pat wishes he would have assembled a team of compliance experts to help with his cancer treatment project. He clearly made a mistake when he broke the law, no matter how noble the cause.

In our personal conversations, Pat shares wise parenting advice. He has treated my daughter, Caroline, with the utmost respect and magnanimity. Pat's son, Kyle, likewise has behaved like a complete gentleman around my daughter and the rest of my family. Kyle is an extraordinarily brilliant young man, a voracious reader just like his father. They are a truly outstanding family who I am honored to know.

Your Honor, Pat has approached this legal process with a spirit of humility and acceptance. I hope this court will examine the full context of Pat's illegal acts. I strongly encourage this court to show mercy to Patrick Bishop at sentencing.

Sincerely,

Dr. Jeffrey Dugas

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